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# **Sustainability in Action**

Wednesday, June 5, 2013

Come and join us to see how your children have been involved in acting for a sustainable future!

**6:00 pm** Opening Presentation in gym

**6:30 – 8:00 pm** Visits of classrooms and outdoor actitivies and displays, as well as displays and demonstrations from Take Pride Winnipeg, Peak of the Market and Green Action Centre

The month of June has now arrived and the end of the school year will soon be upon us. The year was a dynamic one, filled daily with rich and engaging learning opportunities for all of our students here at ÉSOMS. We have witnessed much growth, physically, emotionally, socially and intellectually. We would like to extend a fond good-bye to the families who will be leaving us this year, and we look forward to seeing returning families for our Orientation Days on September 3<sup>rd</sup> and 4<sup>th</sup>.

#### IMPORTANT DATES

June 4	Parent Advisory Council 6:30 pm				
June 5	Education for a Sustainable Future 6:00 pm				
June 17-23	Grade 8 French Immersion Quebec trip				
June 18-20	Grade 8 Camping trip				
June 26	Grade 8 Farewell 6:00 pm Sunova Centre				
June 27	Administration Day - No Classes				
June 28	Last Day of Classes - 11:15 dismissal				

REMINDER to grade 8 parents & students

Please return forms for:

- → Grade 8 Farewell
- → Grade 8 Camp (English program only)



#### Physical Education Classes

Throughout the month of May students completed an outdoor track unit and a softball unit as well as the May Fitness Run.

\*Please help remind your child to bring a change of clothes and their runners to gym class.

#### Special Olympics

The Special Olympics Outdoor Track and Field meet was a great success. The athletes spent a beautiful day competing against a large number of other athletes from around Winnipeg. A special thanks to all the Educational Assistants for being excellent supporters for our Special Olympic athletes!

We look forward to another season of the In the School Special Olympics programs in the fall.

#### Extracurricular

Outdoor Track: The track season started off very shaky due to poor weather conditions, in fact we were not sure it would even get underway but in the end it turned out to be the perfect weather for the track meet! Our students were excellent participants and were great Hawks representatives! A special thanks to Mrs. Courchene and Ms. Connor for coaching this season!

Best of luck to the six students who qualified for the Junior High Track and Field Provincials held on June  $5^{th}$  at the University of Manitobal

#### Marathon Club

521

Running club practices continue. Mr. Hall has a solid group of runners who are committed to the challenge of long distance running!

#### Slo-Pitch

The Slo-Pitch season just got underway. Students will be preparing for the up-coming tournament in mid-June. The grade level practice schedules are posted on the school website as well as outside the gym office.



# Participate on Wednesday, June 5<sup>th</sup>, 2013!

The Clean Air Day Walk to School is a friendly competition to see how many students can walk, bike, scooter and in-line skate to school on Clean Air Day, Wednesday, June 5<sup>th</sup>, 2013. It is a way to get students thinking about the importance of sustainability and a healthy lifestyle, and acting on it.

Active transportation to and from school offers many benefits to kids, schools, and parents, including:

- Physical activity, which helps students perform better in school
- Time for social interaction
- · Saving money from less car use
- Increased safety for kids due to less traffic around school
- Action on climate change through reduced vehicle emissions
- Environmental education for students

#### www.greenactioncentre.ca

Questions? Contact the Active and Safe Routes to School team at <a href="mailto:active.events@greenactioncentre.ca">active.events@greenactioncentre.ca</a> or (204) 925-3773.

June 5<sup>th</sup>, 2013



Ecole Seven Oaks Middle School 800 Salter St.



# GEAR DRIVE



So <u>ALL</u> Kids Can Play!







Donations will go to help kids play hockey within the 7ohsa and any extras will be donated to KidSport. Every donation will receive a ballot for special prize draw. We will also be accepting donations to the Amadeus Steen Foundation. Supporting those who support kids.

# LA VIE ET L'APPRENTISSAGE LIFE & LEARNING AT ÉSOMS

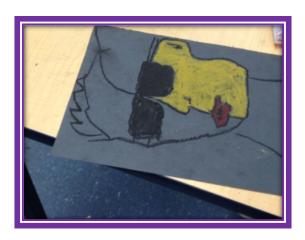
#### Room 26 - Mr. Serzu

#### Picasso Cubist Portraits

In room 26 we have been working on Picasso Cubist Portraits. This involved creating a piece that had the side and front view of a face within one picture. These pieces turned out great and it only involved very simple steps that anyone could follow.



We began with a piece of black construction paper.
 We folded it in half vertically. We then drew a line in the middle of our fold, a line between the middle and top of the paper, and finally marking a line between the middle and bottom of our paper (three lines).



 The face is completed with frontal view features. The chin and neck lines are added to symmetrically match the right side.



2. We then had to draw a profile line down the middle. We used our quarter marks to guide where our nose and chin should be.
The chin ends as a curve up and the neck line is added in.



4. When we have completed our pencil drawing, we were asked to go over our lines with a black oil pastel. We then coloured in our face with bright coloured oil pastels leaving blank space.

### Room 19 - Mr. Nault

Sustainability in Action Day



"Sustainability in Action" day is coming up soon and our class has been working very hard. Our class will be focusing on the pillar of "Human Health and Well-being"; specifically on cultural diversity and understanding. Each student in our class has chosen to illuminate an aspect of their culture, or a culture which inspires them. Some students have chosen to focus on things such as food, sport, or various art forms. We're very excited, and we hope to see you there.





#### Room 15 - Mrs. Cervantes

In Room 15 this month, part of what we studied was ratio in Math, mixed media in Art and the 3 Rs of recycling during our month long classroom waste audit which was part of looking at Sustainable Development. All these subjects were put together in our "Cake Project". Earlier in the year we looked at the work of artist Wayne Thiebaud - we used oil pastels to create 3-D drawings of cakes, then we baked cakes, and most recently we completed cake sculptures. The cake sculptures used our ratio skills for mixing paint to achieve our desired colours and to make the paste mixture for paper maché. The R in recycling that stands for reusing also was applied; we reused newspaper, old flour, and Styrofoam soup bowls to help create the shape the cakes, and of course, baby food jars and yogurt cups to mix our paint. Oh, and mismatched beads that were from old bracelet beading kits. Please take a look at our cakes:













## Salle 13 - M. Hall

Dans la classe de M. Hall ce mois, nous avons fait de l'art dans le style de l'artiste canadien Ted Harrison. Nous avons étudié les tableaux de Ted Harrison avant de créer nos propres œuvres. Nous avons tenté de reproduire des paysages canadiens en utilisant de la colle et les pastels doux sur le papier noir.















# Salle 33 - Mme Pancotto

Voici les élèves de Mme Pancotto pendant qu'ils remplissaient le sol dans le jardin la semaine passé











#### Salle 30 - Mme Persaud

#### Comments and Ideas on Sustainability

After discussing the 3 pillars of sustainability, students were asked 3 questions :

- 1. Why is having clean water a right and not a privilege?
- 2. How can we, in developed countries, provide aid to developing countries?
- 3. What is sustainable development?

Here is some of what they said:

#### On Water

Having water is a human right and not a privilege because every single person on Earth should be entitled to having clean water... Water cannot be one person's; it has to be shared with the world. If water was a privilege, hardly anyone on Earth would have earned it. Water should be everyone's right.

Matthew

We need clean water to cook with, wash, to drink and to have fun with, like swimming...You need water to survive and to live.

\*\*Brandon\*\*

Clean water is seen as a base thing in developed countries, yet in developing countries water is seen as a rare and precious substance... we take it for granted, we expect it to last forever, but it won't.

\*\*Antonio\*\*

We should always help ones in need... We always offer help, but we always feel like we need something in return. I bet people in need of water would do almost anything to get some. It shouldn't be about how much someone would pay or what someone would do.

#### Amy

#### On Sustainable Development

Sustainable development is the ability to stay developed and keep developing while ensuring the sustainability of the environment for the present and future. The world harms the environment by cutting down forests, dumping things in lakes .... To sustain the environment, the world needs to use things that help it, like electric cars.....

#### Jalen

Sustainable development is what every country needs. It is free health care, human rights and care of the Earth... If the whole world could stop buying what they do not need, and buy what they need, not want...

The Earth is only here for a certain amount of time, treat it well.

#### On Aid for Developing Countries

Developed countries can help by caring less about money and more about people. They should do workshops in the places that they live and teach them trades so they can make money doing safe work. You can try to educate them more so they can get better jobs and can afford to send their kids to school...because they have education, the cycle can continue and we will have a better world.

Olivia

We could go to the developing countries and bring medicines for the sick kids and every house or wherever they live. If they don't have a house, we should build houses for them. Also, we should make schools and send teachers to teach them how to do these kinds of things for themselves.

Taylor



# Room 24 - Ms Springer

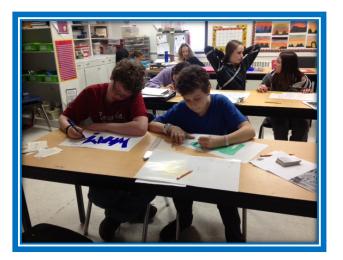




We challenged Room 17 to a garbage pick up! Both rooms did awesome  $\ensuremath{\odot}$ 

Onomatopoeia/Lichtenstein art









Drama—working in pairs/teams to "tableau" the alphabet

#### Room 27 - Mrs. Courchene

Inspired by Touching Spirit Bear, the novel by Ben Mikaelsen

# My Totem Pole By: Brandon

#### The Eagle:

I picked the eagle because to me the eagle represents freedom and most of the time I am very free but not all the time.

#### The Wolf:

I chose the wolf because the wolf represents being in a group and I always like to go outside in the woods and I also love to go out and hang out in a group of friends.

#### The Elephant:

I chose the elephant because it represents boldness to me.

#### The Bear:

I chose the bear because it represents courage and I can be very courageous. It also represents bravery and I can be brave when I want to. It also represents boldness.





My Totem Pole By: Trey

I chose clay because I know how to craft with it and I've made a lot of things with clay. Ex. skateboards bikes and more.

The monkey represents that I could climb pretty much anything and that I am creative!

The cheetah represents that I am very fast and sneaky.

And the eagle represents that I am Aboriginal and that I am proud to be me!

My Totem Pole
By: Joseph

This is my totem **Mouse**. I chose a mouse because a mouse represents speed and being sneaky. I am also fast and sneaky.

#### Owl

I chose an owl because it represents mystery, secrets and protection. I am very protective and I can be mysterious.

#### Monkey

I chose a monkey because monkeys represent agility, energy, playfulness and aggression. I am a very energetic person and I love to play. I can be aggressive at times.

That is my totem pole.



#### My Totem Pole By: Heidi



My totem pole has a panda, bamboo stick, chameleon, tree with vines and a turtle. My pole is made of tube, paper and paint.

I used the tube, paper and paint because I like painting and I get to blend colours. My totem pole is green because my animals live on dry land.

I put a panda in because they may look like calm and quiet animals, but as soon as you get near them, they'll show their true colours. For example, when people first meet me, I usually look quiet, but as soon as they get to know me, I get loud and crazy. Under the panda is a bamboo stick, because pandas love bamboo.

My second animal is a chameleon. When chameleons adapt to new colours, they adapt quickly. Like how I adapt to new subjects. I put the chameleon on a tree and painted part of its tail brown like the tree, to show it adapting to the colour.

My last animal is a turtle. I put a turtle on my pole not only because I love turtles, but also because when they see things or people they don't recognize, they hide in their shell and cower. Like me, when I meet new people. Also, when they know trouble is coming, they immediately hide.

arts in the park





## Room 17 - Ms Korsunsky

In the May newsletter, we talked about our Social Studies project resulting in amazing sculptures of war affected children. Here are a few of the final products!







Image a place...

It's been a busy month in our class. Students have taken a leadership role in the school community with our "Imagine a Place" theme study. The kids have been working very hard on making the school grounds a fun, exciting place to be.

Here are a few of the highlights of their accomplishments and works in progress:

- A school-wide community clean-up
- An exciting new partnership with Take Pride Winnipeg
- A presentation to SOSD Board members & Assistant Superintendent
- Designing of an outdoor smudge station that represents the Seven Sacred Teachings
- Ordering and hauling soil for community gardens

And much, much, more!



**Above:** Colby, Brian, Kenny and MJ measuring garden planters to determine how much soil needed to be delivered.



Above: Liam, Miguel, Mason, Ronel, and Brian hard at work.

**Below:** Tom Ethans (Take Pride Winnipeg) discussing leadership, sustainability, and how to change the world.



## Room 25 - Mr. Barkman French Projects

Students had a chance to design and build their own structures in French class. They will be taking us through an "MTV Cribs"- like tour of their structure en français! Following their own written scripts and filming the tour, we will get a chance to watch a virtual tour of airports, homes, hotels and even a Burger King!













# Room 35 - Mrs. Waskul Memories of ÉSOMS

Now that I'm about to leave ÉSOMS to move on to high school, I'm starting to think about memories I have. The first time I walked into ÉSOMS, I was really scared. I didn't know a single person. Luckily for me, I made friends very quickly and very easily. Friends that I'll move on to high school with and have for hopefully the rest of my life. I've made so many memories at ÉSOMS. A lot of good ones, some bad ones, but most of all, great ones. I feel like my time here went by so fast, and I can't believe it's over (and I'm not sure I want it to be!). I'm so thankful for all of the people I've met, thankful for Mme Brodeur & Ms. Waskul, thankful for my "saggies" (inside joke), thankful for Aladdin, thankful for it all. It's been a blast! Adieu et mercier!

By: Quinton

In March of 2013, I transferred to ÉSOMS from another school and I didn't know what to expect. I was so nervous and did not know what to expect. When I transferred, I was expecting a lot of mean people but I was pleasantly surprised that at ÉSOMS everyone treated me nicely. At ÉSOMS', I was included and I made lots of friends. Right away I was in fiddling, band, and the production. All my memories of ÉSOMS' are good memories and the ones that aren't have been overflowed and buried under the good memories. I am so happy I transferred to ÉSOMS and I look forward to continuing with my new friendships I made this year in high school.

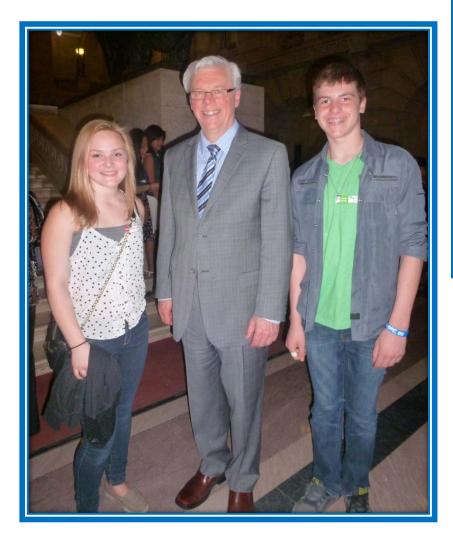
By: Josh

#### **BRANDON JAZZ**

So in S.O. Bop and S.O. Vocal every year there is this trip that both groups go on and it's the Brandon jazz trip! It's 2 and half hour bus ride there and back! So when it came to packing I was so excited to pack all my things and get away from home for two days. My bag was purple with polka dots on it and it had sparkles, I love all things SPARKLY!! So on the morning of the trip I wanted to like jump up and down and I was super excited. I think everyone thought the same thing because we all had Tim Horton's, it was so funny! When the bus came I was like going to cry because I've never been on a Beaver bus before and so when I saw that bus I was like 'OMG'! It was huge and awesome. So when you get on the bus there are steps (no wonder the bus is so big) and when you get in the bus the seats are really ugly but anyway....... The windows were also big too. We had to ride the bus with this other school and when we got to Brandon we dropped the other kids off at Subway and then we went to Brandon University to eat and then we watched jazz band perform and after that we went to go eat at Boston Pizza! It was really, really good. Everyone wanted to go to the mall after dinner so we went to the mall and all I could say that it was a BLAST! We were all on a sugar rush and just laughing and having a good time. We got to the hotel and it took us a while to unpack and then we ended up going to bed at 11:00 pm and we woke up at 4:30 am to take showers and get ready to perform. My group performed at 8:00 am and I was super nervous but there was hardly anybody there so I was fine. When we had to leave at the end of the day, I was sad but we ended up getting Subway and then my mom picked me up. Brandon jazz was a memory I will never forget, it's just an example of one of the many great memories from my time at ESOMS!

By: Milan

We all know that our school has many social justice leaders in the making and on May 7<sup>th</sup>, Alexis and Riley had the privilege of representing our school's leaders at the Manitoba Legislature building. During the celebration which focused on celebrating youth, their accomplishments and their future goals to make their communities and even our world a better place we had the opportunity to spend time with several of Manitoba's MLA's and even the Premier. We started off the evening meeting with Gord Mackintosh (our community MLA) in his office and asked him questions. We also got to listen to Kevin Chief, (Minister of Children and Youth Opportunities) give a speech about what the government is doing to improve the state of youth in our province. At the end of the evening, we had the opportunity to meet with Premier Greg Selinger where he asked us about what we are doing within our community and school to make it a better place. It was a great opportunity for us to meet other students from all over Manitoba and see what kind of positive things are happening in other schools.







# Room 11 - Mr. Ruppenthal



Over the past month we have done some really fun things in ELA. I really liked how we started to read the play "Romeo and Juliet." It is a complex love story about two people who are forbidden to love each other. We are not reading the really hard Shakespearean one but the easy to read, translated version. I really like the story so far. I also like how we made our own masks and got to paint them to symbolize the masquerade ball that happened towards the end of Act 1.

By: Megan









# Salle 5 - M. Hall

Heart Dissections







Salle 8 - Mme Tesoro

M. Hall and Mme Joni's classes attended and performed at Arts in the Park over two days, and despite the rain, we had a fabulous time!









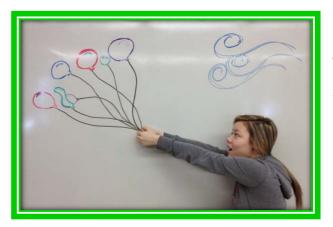
#### Room 31 - Ms Conner

Interactive White Board Art

We drew a picture, and then we corresponded with the appropriate actions regarding the picture. I chose to do a pirate scene with a parrot, to make it seem more realistic I drew the parrot's feet on my arm. And added detail.

By: Damon



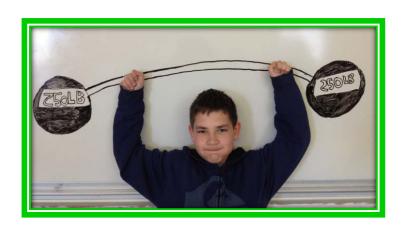


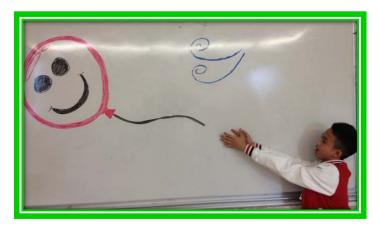
For the interactive whiteboard we had to come up with an idea on how to interact yourself with the whiteboard. My idea was the wind was pulling the balloons away and taking me with it. I felt that this idea worked because it was simple and was the only thing I can think of.

By: Icesis

In our grade 8 class we did interactive white board art, I did one of me holding up 400 pounds of weights up in the air and it worked out because it actually looks like i am holding it up and I made a facial expression that tells you I'm having a hard time holding it up.

By: Gage





The interactive whiteboard is a drawing on a whiteboard and you have to interact with the drawing like it's in the environment. My idea was to draw a picture of a balloon blowing away out of my hand and I'm trying to catch it. I felt this worked because it was the only thing I could think of.

By: Matthieu

# JUNG 2013

SUN	MON	TUE	WED	THUR	FRI	SAT	
		Grade 8 French Immersion Quebec trip Grade 8 English Camping Trip					
2	3 Day 3  1500 m  Track & Field	Parent Advisory Council 6:30 pm	Sustainable Development Fair 6:00 pm	Day 6  Divisional Grad Pow Wow	FSOMS Track & Field 12:15 pm	8	
9	Grade 6 Slo-Pitch	Grade 7 Slo-Pitch Gr 8 French Immersion Parent Meeting	Grade 6 & 7 Slo-Pitch Rain Date Grade 8 Wpg Goldeyes	Grade 8 Slo-Pitch	Gr 7 TAS Outdoor Ed Whiteshell	15	
16	Grade 8 Slo-Pitch Rain Date	18 Day 2	19 Day 3	MAPLES GRAD	W.K. GRAD	22	
23	GCCI GRAD	25 Day 1	Grade 8 Farewell Sunova Centre 6:00 pm	ÉSOMS PD NO CLASSES	Last Day of Classes 11:15 dismissal	29	